

2021-2022



**GCPEA
Information
Booklet**

Glendale Community College

Parent Education Association

What is parent education preschool program?

The Parent Education Program at Glendale Community College has been in operation since 1952, offering classes for parents and their children, birth to age five. There are classes for parents and their newborns, older infants, toddlers, 2s, 3s, 4s, 5s, as well as multi-age classes where parents may bring more than one preschooler. The program also offers a Positive Parenting Class, a class for working parents and specialty classes like, a Parent Association class, Anger Management, and Fathering. Evening as well as daytime classes are available. Each class is led by a qualified Master's degree level parent education/early childhood teacher and an assistant teacher.

In face-to-face classes, parents attend a 2- or 3-hour class with their child and participate in a mutually beneficial program. Participants enjoy a safe, welcoming and enriched learning environment. The curriculum for the children includes a variety of age appropriate activities, such as fine motor skills development (puzzles, Legos, scissors, crayons, paints, bead stringing, glue and paste, and many arts projects); large motor skills experiences include riding toys, climbing equipment, slides, block building, and ball play. In our current 2021-2022 virtual school year, parents and children meet synchronously with their instructor online for part of the class time, and access online learning materials for parents and the children at their convenience. Age-appropriate at home learning activities for the children are discussed and offered. Organized "rug time" led by the teacher includes songs, stories, science activities, finger plays, rhythms, rhymes, and felt board activities. Online opportunities for the children to socialize with the other children and teacher are offered.

The program for the parents includes an emphasis on participation and interaction with their children, opportunities to observe and record how their children socialize and develop in relation to others, developing a support network with the other parents, and instructional time in each class with the teacher. The parenting curriculum, in a discussion-oriented format, includes all aspects of child development, examination of theories and philosophies of parenting, and practice of positive parenting skills. Parents learn about typical age-related behavior traits, how to build self-esteem in their children as well as themselves, how to discipline and manage children's behavior, how to develop better communication skills, what it takes to ensure successful toilet training, good nutrition, and how to relax and feel confident about parenting, as well as many other topics of interest. Guest speakers, videos, and field trips are utilized to enhance this program for parents and their children.



Parent Education Course Descriptions



PARED 10 Infants 1 (0 - 8 Months)

This course focuses study on parenting children from birth through 8 months of age as of the cutoff date each semester. Parents (or caregivers) attend class with one or more children of the designated age.



PARED 11 Infants 2 (9 – 16 Months)

This course focuses study on parenting children from 9 to 16 months of age as of the cutoff date each semester. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 12 Toddler 1 (17 – 23 Months)

This course focuses study on parenting children from 17 to 23 months of age as of the cutoff date each semester. Parents (or caregivers) attend class with one or more children of the designated age.



PARED 20 Two-Year-Olds

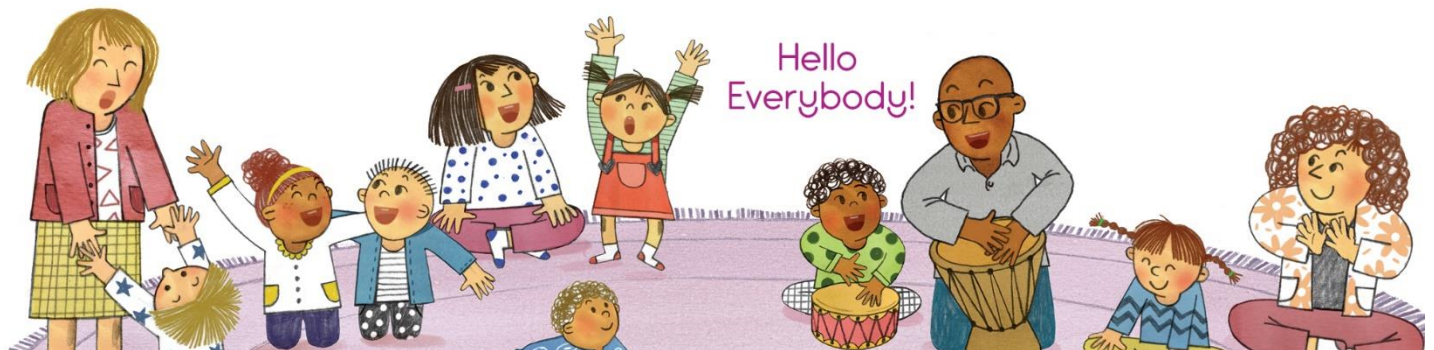
This course focuses study on parenting the two-year-old child. Parents (or caregivers) attend class with one or more child of the designated age.

PARED 21 Two or Three-Year Olds

This course focuses study on parenting the two and three-year-old child. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 30 Three - Year-Olds

This course focuses study on parenting the three-year-old child. Parents (or caregivers) attend class with one or more children of the designated age.



PARED 31 Three or Four-Year-Olds

This course focuses study on parenting children from the age three through the pre-kindergarten years. Parents (or caregivers) attend class with one or more children of the designated age.

PARED 41 Pre-Kindergarten

This course focuses study on parenting the pre-kindergarten aged child (4 to 5 years of age). Parents (or caregivers) attend class with one or more children of the designated age.



PARED 50 Multi-Age

This course focuses study on parenting children from birth through the pre-kindergarten years. Parents (or caregivers) attend class with one or children ages birth to five years old.

PARED 54 Working Parents

This course focuses study on the working parent's role in parenting children from birth through the pre-kindergarten years. Special attention is given to the challenges of raising a child while working full-time. Parents attend class with one or more children of the designated age.



PARED 60 Positive Parenting Skills

This is a parent only course and focuses instruction on positive parenting methods that will redirect inappropriate behavior of children and adolescents of all ages. Issues of concern to single parents and parents of school-age children will be discussed as needed by the students enrolled. Court referred parents are welcome.

PARED 103 Anger Management

Is designed for parents who seek assistance in managing their expressions of anger in order to parent more effectively and use appropriate discipline strategies. Lecture 16 hours.

Note: This class is for adults only.
No children may attend.



Contact Information

Glendale College Parent Education Program

Life Skills Bldg.

1500 N. Verdugo Rd.
Glendale, CA 91208
818-243-5196

Columbus Elementary

425 W. Milford
Glendale, CA 91203

Palmer Park

912 S. Chevy Chase
Glendale, CA 91205

Register online at www.glendale.edu or <https://mygcc.glendale.edu/psmygcc/login.asp>
For more information, please contact the office at 818-243-5196.



About Us

The Parent Education Program was started by Mrs. Toll in 1952 through Glendale Community College with just two classes. By the 1953-1954 academic year, the number of classes grew to nine and it became evident that better communication between the classes was needed. A student association was created, better known as Glendale College Parent Education Association.

The Parent Education program now offers over 16 classes at multiple locations throughout Glendale and the surrounding areas and currently serves over 300 families! Parents and children from birth to six (6) years old are provided the opportunity to socialize with peers and gain familiarity with a group setting, all while parenting skills are taught by professional parent educators. This all takes place in an environment geared for learning and development by both the parent and the child through observation, participation in classroom activities and class discussion. Topics of discussion vary depending on the age of the children and the everyday experiences of the parents.

All enrolled students in the Parent Education Program automatically become a part of the Glendale College Parent Education Association. The GCPEA is part of the Glendale College Foundation, Inc, a non-profit organization. In addition to facilitating communication between the classes through class representatives and class reporters, the Association arranges informative speakers and sponsors various activities throughout the year. All the events and behind-the-scenes work is guided by a group of volunteers known as the GCPEA Executive Committee. In addition, the Parent Education Director serves as an advisor to the Executive Committee and is the official spokesperson for the Glendale College on all matters of program policy.

The mission of the Association is to raise money for needed program operation costs and to provide educational and social events outside the classroom.

Parent Education is a “tuition free” program, although it’s not free to run. Glendale College pays for the facility, teachers, assistants, and provides a small budget for office supplies, paint and construction paper. The Association greatly depends on the contributions of others (businesses and individuals) to maintain its success. The money raised by the Association provides for all other operational costs. Funds provide much-needed teaching tools, classroom enhancements and site upgrades including items you will use on a weekly basis. Association purchases include: children’s cups and napkins used during snack time, glue, crayons, children books, toys, trikes, musical equipment, tables, chairs, storage sheds, cleaning supplies, and much more. Fundraising for the year not only benefits current students but future students as well.



Message from the Director

Welcome to the Parent Education 2021- 2022 school year. Exciting things are happening as we start reopening and offering some in-person classes. We are working hard to bring you a safe, fun, and educational experience with virtual and in-person classes. Rearranging the classroom and disinfecting are part of the process. We are all very excited to get back to begin the new school year. Our program was allowed four in-person classes and if they are a success then we should be on track to move toward fully reopening. What this time has shown us is that some classes are very successful in a virtual environment as they provide a convenience for parents that was not there before. As a department, we have decided that even when we are fully reopened, we will still offer a few classes virtually for the convenience of our students and to open our program to those who are not local.

Again, I am asking for your help to spread the word about our program. Since the pandemic, we are down in enrollment about 60%. Our program is not sustainable if that continues. Research shows that for Noncredit programs, word of mouth is the best advertisement. Fewer students mean fewer referrals. You may also email me or any GCPEA Board member with contact information of places we can advertise. Thank you for your help in this area.

😊 You will soon see a new playground at the Life Skills Building!!! 😊. The old play structure has been removed and the cement that was rising due to tree roots has been repaired. Additionally, new cement was poured to allow for the bike track to be in the back of the playground so children aren't playing on the same sidewalk where the bikes are zooming by. The program has purchased an outdoor magnetic wall for hands on science exploration, a sand and water system for the children to build and experiment with gravity, fluid physics and just plain fun, and new sand toys. Next will come new safety surfacing and new age-appropriate play equipment, and additional awnings for shade on the cement and in the snack area. You can see pictures of what is coming on the GCPEA Facebook page. More is planned as funds become available through our fundraising efforts.

This is all such exciting news and has taken years of fundraising by you, lots of research, meetings with contractors and playground designers, meetings with the College administration, lots of paperwork, patience, and several years of GCPEA Board members working together to make this happen. Unfortunately, right now manufacturing and shipping are extremely delayed, and prices have gone up 15-25% since we developed the plan a few years ago. Manufacturing and shipping issues have put us 10-16 weeks out so it will be a while until completion. But we will definitely have a grand opening celebration when we can.

All of the faculty and staff of the Parent Education program are happy to be starting a new school year with you. So much learning, connecting, and fun are ahead. We can't wait to catch up with you and your little ones and welcome them all to the next age group.

All the best ~
Barbara Flynn, M.A., LMFT



Message from the President

Hello, my name is Sevana Davidian, and I am very excited to be the new GCPEA President for the 2021-2022 school year. On behalf of the GCPEA board, I would like to welcome all families to 2021-2022 School year at Glendale Community College Parent Education Program. As all of us know, the past year and half has been a whirlwind of different emotions and struggles for all the families around the world. It is no surprise that the pandemic has managed to alter everyone's daily lives, routines and face-to-face interactions. One of the biggest challenges of Zoom sessions has been to get our children to cooperate and stay engaged during online learning. With the proper encouragement and positive conditioning, parents have become exceptional teachers and have done their best to keep their young scholars engaged with educational activities and have created a portal of interaction to build future friendships.

Among all the emotions, this year we would like to bring fun and memorable moments, even though online, to our students and hopefully we will be able to have some activities or events in person under safety protocols. We welcome all GCPEA families to join our events. They will include: online events for children and families, the annual Montrose Christmas Parade on December 4th, 2021; and our Annual Fundraising event in Spring 2022.

In order to stay up-to-date on the details of these events, please make sure you provide your preferred email address to your class teacher, that you visit our website www.gcpea.org regularly, and that you follow us on either or both Facebook and Instagram. If you are interested in volunteering and taking a more active role in our program, please consider taking on a role as a Class Representative or a Class PEPOR Reporter. The PEPOR -Parent Education Preschool Observation Record - is our Parent Education Program Newsletter. As a PEPOR reporter, one would collect and forward articles written by students and teachers about their class to be published in the Newsletter. As a Class Representative, one would act as a liaison between the board and the class, disseminating important information to students and to the board. . Both of these positions are vital to running this program smoothly and require a very limited-time commitment.

If you have any suggestions, comments or thoughts, please feel free to approach me in person or contact me via email at president@gcpea.org. I am looking forward to an amazing journey at GCPEA this year.

Sincerely yours,
Sevana Davidian / GCPEA Board President



Our Faculty



Barbara Flynn, Director

Barbara is happy to be a part of the Glendale Community College (GCC) Parent Education Program. She has been working with children and families for many years. Starting in high school, she worked as a Red Cross swimming instructor and lifeguard and then taught at a private school while in College. After college, Barbara worked in Social Services, before returning to graduate school and receiving her Master's degree in Family Counseling. She spent two extra years and 3,000 hours earning her Marriage and Family Therapy (LMFT) license; and had a private counseling practice. She keeps her psychotherapy license and training current, but due to her full dedication to this program she is currently not seeing clients in private practice.

Barbara has been teaching Parent Education classes for 21 years. The first 7 years were for a K-12 district's Adult School where she was given the opportunity to develop a new program where she taught classes and managed the program details. When Barbara was offered a position at GCC, she knew it was the move to make because of her passion for this work.

Barbara believes parenting programs are unique as they give parents a wonderful opportunity to spend quality time with their children while learning. She believes parent education programs offer opportunities to learn about their children and about themselves as a parent by looking at their own parenting strengths and weaknesses.

Barbara has two daughters who are now young women. She is proud of the wonderful, kind, and gracious young women they are becoming.

Barbara's hope as a teacher and the Director of the GCC Parent Education program is for parents to receive support, encouragement, and parenting information in a safe, nonthreatening and supportive environment. It is her hope that parents have an opportunity to play with, enjoy, and observe their child through understanding eyes. Barbara's goals are to inspire students to be wonderful parents, to support their parenting efforts, to empower them so they know they are wonderful, and to remind them, that as parents they will always be learning. She guides parents to develop their "Parenting Lighthouse"- her powerful parenting strategy and encourages parents to "enjoy the ride" with their young children- "It goes by so quickly! bflynn@glendale.edu





Amity Grimes

Amity Grimes holds a B.S. in Nursing from Georgetown University and a M.A. in Human Development from Pacific Oaks College, specializing in Educational Leadership and Parent and Community Work.

Amity first came to the Parent Ed Program as a student in 1990- when her eldest daughter was only 10 weeks old. Amity began teaching in the program in 1994 and had the privilege of being the Program Director for seven years from 2000-07. In addition to teaching in the Parent Education Program, Amity

has taught Nutrition and Psychology through Glendale Community College's (GCC) Lifelong Learning Program.

When Amity is not at GCC, she works as a School Nurse Consultant for Mayfield Junior School in Pasadena, and as a Clinic Nurse for Bowtie Allergy Specialists in San Marino and is a Community Emergency Response Team volunteer.

Amity has been teaching Parent Ed at GCC for over 25 years, and she looks forward to meeting the next generation of parents and children! agrimes@glendale.edu



Caryn Panec

After attending the Parent Education program with her children, Caryn began teaching parent education classes for GCC in January of 2000. It has been a pleasure for her to work with so many wonderful families, and to bring her background in Education and M.A. in Family & Consumer Sciences into classroom discussions. Her favorite aspect of the parent education program is how well everyone learns from one another and the supportive network that dynamic creates. In addition to parent education, Caryn is also an instructor at GCC's Student Success Center.

Caryn enjoys yoga, running, reading, cooking, hiking and camping with her husband and teenage boys. cpanec@glendale.edu



Jane Stockly

Jane has almost 40 years of professional experience working with families and young children in varying capacities. She is originally from the UK where she trained as a NNEB Nursery Nurse. Jane worked as a nursery nurse on the maternity ward at St. Thomas' Hospital, in London. She also was a private nanny providing long-term, live-in supervision of infants, toddlers and young children, as well as some short-term emergency assistance.

After marrying an American and moving to the Glendale area; Jane worked as a preschool teacher, as an in-home childcare provider and as an after-school childcare provider. She went back to college and earned an A.S. in Social Science from Glendale College; a B.A. in Human Development from Pacific Oaks College; and a M.S. in Family and Consumers Science from Cal State University Northridge, where her focus was family studies and parent education.

Jane became interested in supporting parents as a young mom with two daughters while attending parent education classes at Glendale College. She was hired as a teacher's assistant in the Parent Education department before finishing her BA and has been teaching classes since 2002. Jane also concurrently teaches Parent Education at Pasadena City College.

While working on her masters, Jane researched and wrote a brief and easy-to-read parenting book, "Better Baby Sleep: A Handbook for Parents." Since that time, she has written an even shorter version, "7 Steps to Better Baby Sleep." jstockly@glendale.edu



Araseli Beltran-Perez

Araseli is fluent in Spanish and believes introducing other languages to children adds to their learning. She has worked with children for over 30 years; 29 of those years with Glendale Community College (GCC) in the Child Development Center (CDC). Araseli received her A.S. degree in Child Development in 1992; a BA in Child Development from Cal State LA in 2005; and a Master's in Human Development from Pacific Oaks College in 2012.

Currently, Araseli is an adjunct faculty at Glendale Community College and has taught Child Development classes. Araseli joined the Glendale College Parent Education Program at the start of the 2018-19 academic year, teaching a multi-age workshop on Saturday mornings.

Araseli is trained and certified in the Program for Infant/Toddler Care (PITC) modules 1-4. She is proud to have been part of the committee which developed GCC CDC into a PITC demonstration site and has also served as a review coach for various demonstration sites in California.

araselip@glendale.edu



Valerie Fredrickson

Valerie has been part of the Glendale College Parent Education program for many years- first as a participant with her sons and now as a teacher. Valerie loves teaching and working with children; she credits the parent education program with actually changing the course of her life. She is a great supporter of parent education, believing that as parents, “they must never stop learning and striving to be better!”

Valerie has worked in various capacities with families with children of all ages in areas including social work and education. She earned a master’s degree from CSUN with a concentration in family studies and has continued her education in Child Development. Valerie also teaches as an adjunct faculty in the Los Angeles Community College District- teaching Marriage and Family Life.

“Rug time” for Valerie has tremendous rewards. She describes this time as her opportunity to get down on the floor with the children, helping them to establish a positive relationship with her as a teacher, which she hopes will set the tone for her students to have positive student-teacher interactions that carry on throughout their educational futures. Valerie loves the goal of parent education to improve and enhance family life and admires all parents who participate. She looks forward to meeting parents and children, and hopes to share her parent education experiences for many years to come.

vfredric@glendale.edu



Roza Baghdassarian

Roza has more than 18 years of professional experience working with families and young children. She holds a B.A. in Human Development with a specialization in Early Childhood Education, and a M.A. in Human Development specializing in Lactation Consulting both from Pacific Oaks College. She is deeply passionate about supporting families both as a parenting educator and as an International Board-Certified Lactation Consultant (IBCLC) in private practice.

Roza first started attending the Glendale Community College Parent Education program as a new mother in 2010 with her eldest daughter, and again in 2017 with her youngest daughter. Falling in love with the Parent Education program, she joined on as adjunct faculty and began teaching classes in 2019.

Roza’s message to parents has consistently been: "You are not alone in this parenting journey. We are here to support you, to learn and grow together as a group. Amazing lifelong friendships can begin in these classes!" rbaghdassarian@glendale.edu

oard Members



Sevana Davidian, President

Sevana joined the Glendale College Parent Education Program board in 2020, where she served as events co-chair and currently holds the position of President.

Prior to moving to the United States, Sevana worked as a CPA back home. In 2007, Sevana moved to the United States and attended Glendale Community College. After a few years, she transferred to CSUN where she obtained her bachelor's degree in Business Finance.

For many years Sevana has worked in various workplaces in the field of finance and management.

Sevana joined the Glendale College Parent Education Program with her son Dareh in 2020. Sevana and Dareh take joy in being part of the GCPEA program where they are exposed to parenting methodologies and play knowledge from the outstanding instructors. Their time with the GCPEA program has provided opportunities for personal and academic growth within Dareh and Sevana. Sevana is thrilled to be part of the board and looks forward to the experiences she and her son will encounter along the way. Sevana currently lives in Tujunga with her husband and two sons Dareh and her youngest son Dro.

Sevana is so grateful to be part of the community at GCPEA.

During her spare time, Sevana enjoys creating unique craft pieces, gift wrapping, and engaging in play with her two sons. president@gcpea.org



Savannah Meckailian **Vice President**

Savannah first joined the GCPEA Board in 2016, where she served as events co-chair. She then went on to serve as President of the board for two years. She is now serving as Vice President.

Savannah joined the Glendale Community College Parent Education program in 2013. As a first time mom, she began taking classes and quickly realized how special and wonderful the parent education program was for her child and her. After attending for a few years, she took on the role as class reporter. She decided to give back to the program and the GCPEA community by joining the board.

Savannah has a Bachelor of Science degree in Business Administration with an emphasis on Human Resources. She has worked for California Institute of Technology as well as Glendale Community College. She loves baking, crafting and movies. vicepresident@gcpea.org



Lineli Hairapetian, **Treasurer**

Lineli has joined the GCPEA Executive Committee as the Purchaser in the 2019-20 academic year.

She joined the Parent Education program in 2017 as first-time mom and loved the program from day one. Lineli states, "The program is an amazing learning, playing and socializing opportunity for both kids and parents alike." She absolutely enjoys and benefits from the informative and helpful discussions with experienced teachers and parents. After learning more about the program and personally experiencing its impact, Lineli decided to join the GCPEA Executive Committee. She values and appreciate all the work and effort that goes into this program and plans to attend class currently with her son and in the future with her daughter. Lineli would like to volunteer as much as her schedule allows, and to help other families benefit from this great opportunity.

Lineli attended Glendale Community College between 2010-13, and during that time tutored in math at Math Discovery Center. She transferred to Cal State LA and earned a B.S. in Computer Science in 2016. For the past five years, Lineli has worked as a contractor with the Jet Propulsion Laboratory as web-based application developer.

treasurer@gcpea.org



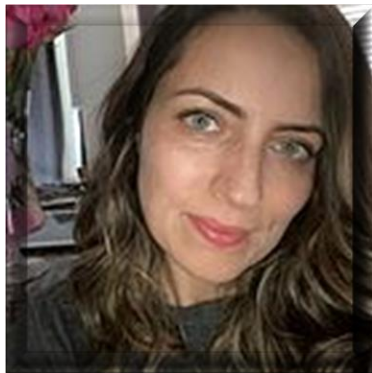
Lisa Hairapetian Aghajani,
Purchaser

She joined the Parent Education program in 2017 with her then one-year old Son. After trying various paid programs, a family member suggested Parent Ed. This no tuition-based program has been very fulfilling and an amazing journey of learning, socializing and fun for both Mommy and Son. When they say, “it takes a village”, it has truly felt like a family of Mom’s sharing their wisdom, strategies and experiences to learn from and help raise well rounded little humans. Volunteering and joining the board is the least she can do to express her gratitude for all the program has given.

Lisa has a BA in Economics from Cal State Northridge and has spent most of her career in Property and Facilities Management. After many years of trying, she finally had her Son Alexander in 2016. She then decided to take a leap of faith and left work to become a full time Mom and would not trade the title and tireless work for anything. Since having her Son, she has decided to pursue her passion for teaching and started work as a Substitute Teacher which still allows her the necessary flexibility to be a Mom.

Lisa lives with her Husband Ara, Son Alexander and their dog Daisy. She enjoys baking, crafting, sports, and anything Disney.

purchasing@gcpea.org



Tsolair Mirzaian
Historian

Tsolair is currently serving as the historian on the board and has joined the parent education program since 2015.

She lives with her husband and two children. This program has been educational, fun and a great parenting resource for her and her kids.

Tsolair has a BA in liberal studies and California teaching credentials in General Education and Special Education. She has worked as an assistant teacher, a teacher and a substitute teacher in different schools.

Teaching is her passion and parenting and teaching have many similarities which she has discovered in this program. Tsolair believes in public education and this program has given her children the opportunity to learn fundamental skills during the toddler and preschool years.

historian@gcpea.org



Arsineh Vartanian,
IT Manager

Arsineh joined the GCPEA Executive Committee as IT Manager in the 2018-19 academic year and currently holds the position.

She has a bachelor's degree in Computer Science and has been a software developer for the past 10 years.

Arsineh moved to United States in 2010 with her husband Edgar. After living on the East Coast for nearly 5 years together they moved to California to be closer to friends and family and now they are living in Burbank with their two daughters, Emily and Nelly.

Arsineh joined the Glendale College Parent Education Program during the summer of 2018 as a first-time mom with her then 14-month-old daughter, Emily.

She recognized the challenges of being a first-time mom and decided to join Glendale College Parent Education program on the recommendation of her cousin and friend. Since joining, Arsineh and Emily are regulars in the classroom and are both benefiting from the great instructors and other parents sharing about the challenges of parenthood. Arsineh has enjoyed the tuition-free program very much and has chosen to give back by joining the GCPEA Executive Committee as an IT manager. it@gcpea.org



Rina Begian
Secretary

Rina Begian joined the GCPEA Board as a secretary in 2021-22 academic year.

She has a bachelor's degree in Accounting from USC's Leventhal School, and has volunteered in the International Rescue Committee (IRS), helping new U.S. arrivals adjust to their life and culture. She also interned at KTLA5's Finance Department and worked as an auditor in PWC, a public accounting firm.

Rina first joined the Glendale Community College Parent Education program when her son was four months old. As a first-time mom and a full-time student, Rina found an incredible support system for both herself and her son. Now she is attending the program with her 4-year-old son and two-year-old daughter. Rina believes in paying back to society and takes great pride and joy by joining the program that once helped her overcome the parenthood challenges.

In her spare time, she likes hiking, reading and spending time with family and friends.

secretary@gcpea.org



Vehik Nazaryan **Events Co-Chair**

Vehik joined the GCPEA Board as an historian in fall of 2019 and currently holds the GCPEA secretary.

She joined the program in summer of 2018 when her son, Bairt, was 14 months old and has been in the program since then. Knowing the value of the Glendale College Parent Education Program and how the program changed her life, Vehik decided to join the GCPEA board after her son

Norvin was born.

Vehik and her husband Jirayer used to live in Maryland where she got her Bachelor's degree in Nutritional science/dietetics from the University of Maryland College Park and became a Dietitian. After eight years living in Maryland, Vehik and her husband decided to move to Los Angeles, California to be close to family and friends. Being a newcomer to Los Angeles and having a new baby was not an easy adjustment for Vehik. It was then that she realized she needed all the help she could get. Finding the GCPEA program has helped Vehik greatly in her parenthood journey and raising her two sons. She always looks forward to bring her sons to classes, socializing and learning from experienced and knowledgeable teachers and amazing parents while her son is playing and learning in a safe environment.

Vehik loves recipe testing, cooking, and baking while listening to music. She also enjoys going on a stroller walk with her husband and sons.

events@gcpea.org

[Communications position is available to apply.](#)

welcome@gcpea.org



Arineh Ebrahimi Begian,
PEPOR Editor

Arineh joined the GCPEA Board as PEPOR Editor in the 2018-19 academic year and currently holds the position.

She joined the Glendale College Parent Education Program in 2017 as a first-time mom with her then one-month-old daughter. Prior to having their daughter, Arineh and her husband Arabo, did extensive research on various mental health resource websites about healthy parenting practices.

It was in this research effort that they found the GCPEA program.

Arineh believes in today's world, parenting is more than pulling from one's parent's life experiences. She believes to raise a healthy and happy child; one must also learn from peers and teachers specialized in early childhood development and it is here at Glendale College Parent Education program that she has found that community. Arineh hopes by taking part in this community dynamic, her child will be a physically, mentally, and socially strong member of our community as well as the communities in her future endeavors. She is grateful for the GCPEA program and has seen the benefits this program has had on her daughter's behavior, socialization capabilities and over-all academic skill. Arineh never misses the opportunity to encourage all parents with children 0 to five years to attend this Parent Ed program. Joining the GCPEA Executive Committee as the PEPOR editor felt like the next step in promoting this program and its far-reaching benefits to the community.

Arineh holds a B.A. in Business Administration. She worked for 10 years as the executive assistant to the owner of one of Iran's largest companies, Hacoupian Clothing Industries. While working, she volunteered as a teacher in a child development program offered through the Church of Iran studying Human Behavior with a focus on Mental Health. Arineh was also a dedicated singer in their church choir group. Given her history with mental health, Arineh began working for the Department of Mental Health of LA County when she moved to the Glendale area.

Professional photography has always been a passion for Arineh- a passion that started when she was a teenager. Amongst her editorial duties on the GCPEA board, she has volunteered to photograph the GCPEA events. newsletter@gcpea.org



Family Involvement

We welcome input from students and want everyone to feel a part of this school community.

There are many ways for you to be actively involved in the program. Support and effort from all families is valued and essential to running the Glendale Community College Parent Education Association.

Here are a few ways that you may get involved:

A Class Representative is encouraged to attend all Association meetings, acquiring information and materials, and dispersing all information back to the students in their classes via classroom announcements, email or other form.

A Class Reporter is responsible for submitting observations and/or articles for our Parent Education Preschool Observation Record, or PEPOR for short. The PEPOR is our association's newsletter. Reporters submit items and work directly with the PEPOR Editor. They will be provided with a predetermined schedule to follow. The PEPOR is a collection of articles from each class along with photos, and details about upcoming events.

Volunteers You can always volunteer at our events or just simply donate money to the program.



GCPEA ACADEMIC CALENDAR 2020-2021

Summer 2021

July 7,2021	W	Committee Meeting @ 4pm-5:30pm on Zoom
August 4, 2021	W	Committee-Meeting @ 4pm-5:30pm on Zoom
August 30,2021	M	First Day of Fall semester

Fall 2021

September 1, 2021	W	Committee Meeting @ 4pm-5:30pm on Zoom
September 6, 2021	M	Holiday: Labor Day - No Classes
September 8,2021	W	Event: Meet & Greet @ 7:00pm on Zoom
October 6, 2021	W	Committee Meeting @ 4pm-5:30pm on Zoom
October 6, 2021	W	Association Meeting @ 5:30pm on Zoom
November 3, 2021	W	Committee Meeting @ 4pm-5:30pm on Zoom
November 12, 2021	F	Veteran's Day- Campus Closed
November 19, 2021	F	Fall PEPOR Submission Date
November 25-27, 2021	Th- Sat	Holiday: Thanksgiving Break - No Classes
December 1, 2021	W	Committee Meeting @ 4pm-5:30pm on Zoom
December 15, 2022	W	Last Day of Fall semester
December 17, 2021-January 3, 2022	F-M	Holiday: Christmas Break - No Classes

Winter 2022

January 10, 2022	M	Winter semester Starts
January 5, 2022	W	Committee Meeting @ 4pm
January 17, 2022	M	Holiday: MLK Jr. Day - No Classes
February 2, 2022	W	Committee Meeting @ 4pm
February 17, 2022	Th	Last Day of Winter semester
February 18, 2022	F	Holiday: Lincoln's Bday - No Classes
February 21, 2022	M	Holiday: Washington's Bday - No Classes

Spring 2022

February 22, 2022	T	Spring semester Begins
March 2, 2022	W	Committee Meeting @ 4pm
March 2, 2022	W	Association Meeting @ 5:30pm
March 31, 2022	TH	Spring PEPOR Submission Date
March 31, 2022	Th	Holiday: Cesar Chavez Day - No Classes
April 6, 2022	W	Committee Meeting @ 4pm
April 18- 23 ,2022	M-Sat	Spring Break - No Classes
April 24,2022	Sun	Armenian Genocide Remembrance Day –Campus closed
May 4, 2022	W	Committee Meeting @ 4pm
May 30, 2022	M	Holiday: Memorial Day - No Classes
June 1, 2022	W	Committee Meeting @ 4pm
June 1, 2022	W	Association Meeting @ 5:30pm
June 1, 2022	W	GCPEA Executive Committee Elections @ 6:30pm
June 15, 2022	W	Last Day of Spring semester

Please reach out if you have questions or need assistance.

Getting Started

Here are a few helpful tips for getting started in the Parent Education Program!

START BY FILLING OUT A NONCREDIT APPLICATION

Go to:

<https://www.glendale.edu/academics/continuing-education-garfield/apply-help>

Complete steps: 1 - 4- and - 5

- Go to <https://www.gcpea.org/> to learn more about our program and parent association.
- Email welcome@gcpea.org for more information about the association.

Parent Education Office: 818-243-5196
Starting August 31,2020

LIVE HELP

<https://www.glendale.edu/academics/continuing-education-garfield>

General Questions, Application Assistance, Canvas Help, Enrollment and Registration, Email Activation, MyGCC Password Reset, and more!



If you have a tech issue, click on "Help" button on the red global navigation menu (in red). You can check out the Canvas Knowledge Base or ask questions with the chat feature.

OR

[Canvas LIVE is available during working hours](#)



Prepared by:
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